



The Center for  
**Understanding  
in Conflict**

**Interstices**  
médiation



**Everyday Zen Foundation** changing and being changed by the world

## Self Reflection for Conflict Professionals – Seminar with Gary Friedman and Norman Fisher

The Center for Understanding in Conflict will once again be offering an intensive program in Talloires, France in Self-Reflection and its relevance to working as a professional helping people in conflict.

**Dates:** Wednesday 31 August at 2pm – Saturday 3 September at 4 pm (optional buffet lunch at 12 pm on 31st August before the course).

**Theme:** Compassion and Conflict

**Instructors:** Gary Friedman and Norman Fischer



**Where:** At the Priory of the Tufts European University Center in Talloires on the shores of Lake Annecy, 45 minutes from Geneva.

**Fees:** €1'250 for 24 hours of training, coffee breaks, and buffet lunches.

All conflict professionals are welcome to attend, including mediators, lawyers, therapists and anyone who works with people in conflict. Our working language will be English and fluency is a requisite for getting the most out of the program.

## **Program Overview**

We are living in an age of outrage and division. Many of us feel called upon to stand up for our beliefs—and to find ways to reduce the animosity that we see online and all around us. This is difficult work, and it can't be done without clarity about ourselves. During this Conflict and Compassion retreat we will explore how our emotional reactions to the problems of the external world—from climate change to politics to interpersonal conflicts—influence our outward responses. Together, we will investigate how deeper internal work can make us more resilient and useful in the complicated world we inhabit.

People who work in conflict experience powerful emotional currents, whether they want to or not. From mediators to journalists to politicians to therapists, we can't help but carry judgments and gut feelings into our work. Exasperation, fear, anger and other difficult emotions go with the job. But they don't have to drain our spirit and motivation. We can learn to use these reactions to help us form deeper connections to the problems and people we encounter. And with connections come new possibilities for helping people find their way through conflict.

The program will be a combination of self-reflection exercises, role-plays and didactic explanation.

**We strongly suggest that all participants contract cancellation insurance and select transportation options and hotel reservations that can be cancelled without consequences in case pandemic related health restrictions or any other crisis make it impossible to travel to Talloires or to participate in the program.**

**If the program does need to be canceled, as was unfortunately the case in 2020 and 2021, any course fees that have been paid will be entirely reimbursed by the organizers.**

**The program's organizers and instructors shall not be held responsible for any financial consequences that may be incurred due to the program having to be cancelled due to border closings or other pandemic related measures taken by the public authorities in France or in the country of residence of the participant.**

### **Accommodation:**

Talloires has several charming small hotels within a few minutes walking distance from the Priory. Here are some suggestions :

- Hôtel Beau Site: Tel +33(0)4 50 27 00 65 [www.beausite-talloires.com](http://www.beausite-talloires.com)
- Hôtel du Lac: Tel +33(0)4 50 60 71 08 [www.hotel-du-lac.com](http://www.hotel-du-lac.com)
- La Villa des Roses: Tel +33(0)4 50 66 88 90 [www.villaofroses.com](http://www.villaofroses.com)
- La Villa des Fleurs: Tel +33(0)4 50 60 71 14 [www.lavilladesfleurs.com](http://www.lavilladesfleurs.com)

A few kilometers from the center:

La Catarina (gite de France) : Tel +33 (0)6 22 99 75 73 [www.lecatarina.com](http://www.lecatarina.com)

Tourist office : Tel +33 (0) 4 50 66 76 54 [www.talloires.fr](http://www.talloires.fr)

This seminar can host up to 16 participants, the registration form is below. [L] [SEP]

To send the registration form or for further information: [L] [SEP]

Arlene Weingart [a.weingart@atoutmediation.ch](mailto:a.weingart@atoutmediation.ch) - +41 78 618 62 16

Sylvie Adijes [sylvie.adijes@interstices-mediation.co](mailto:sylvie.adijes@interstices-mediation.co) +33 (0)6 70 07 01 98 [L] [SEP]